

Dear Patients,

I regret to inform you that I have made the decision to step away from primary care and pursue a fully remote Nurse Practitioner role. I will be leaving my position at East Granby Family Practice effective February 12, 2026. Thank you for trusting me with your health, your stories, and the many ups and downs of life we navigated together.

In the short term, East Granby Family Practice is unable to absorb my entire patient panel. If you travel a long distance or would not feel comfortable with another EGFP provider, please begin the process of transferring your records and establishing care with a provider outside of EGFP to ensure a smooth and timely transition.

My hope is that this notice provides you with time and clarity as you plan your next steps. Please continue to prioritize your health goals and advocate for the long, healthy life you deserve! Thank you again—for your trust, your kindness, your patience, and allowing me the privilege of being part of your healthcare team.

EGFP wants to remind you that your medical records are confidential and protected under federal and state laws. If you would like a copy of your medical records, please contact the office and we will provide you with the necessary forms. If you have me (Anna Rodis) listed as your PCP with your insurance, you will need to update that with them to your new provider.

With gratitude,

Anna Rodis, NP